Aloha JJ,

I just wanted to say "MAHALO!" for all your help and support over this past year. I'm happy to tell you that I also finished the Roughwater on Monday. It was a year ago Monday that I attempted your "Slacker Rough" swim and bailed taking poor Deena Choi w/ me (she also finished the Roughwater on Monday). I then resolved to get over my open-water fear and complete the Roughwater swim for this year. I'm pleased to say that I completed yesterday's swim with a time of 2:00:52. My place was 507 of 650. Thanks again JJ, your help and encouragement made a difference.

Your friend,



